

Ayanna's Story: Preventing Cervical Cancer (:90 seconds)

Audio Descriptive Text

The video opens with a woman walking towards curtains and looking out onto the day.

The transition cuts to the woman looking off into the distance as she begins to talk about her experience with getting screened for cervical cancer.

Text on the video reads, "Ayanna's Story: Preventing Cervical Cancer."

The camera pans to the woman sitting on a couch talking to the camera.

The video transitions to the woman waking her son up from bed and walking downstairs.

Text on the video reads, "HPV is the leading cause of cervical cancer."

The video transitions to the woman opening the refrigerator door in the kitchen.

Then the camera cuts back to the woman sitting on a couch talking to the camera.

Back into the kitchen she and her son are preparing breakfast by cutting strawberries, measuring granola and ending with her serving her son breakfast.

The video transitions to the woman and her son walking through the park, blowing bubbles and playing together.

Then the camera cuts back to the woman sitting on a couch talking to the camera.

The video transitions back to the park where the woman and her son are still blowing bubbles and playing. Then they are sitting at a picnic table working on an activity book.

The camera pans to the woman looking off into the distance, before transitioning back to the picnic table with her son in the park.

The video transitions to her opening a book on the couch and then her son jumping on the couch with her and them hugging.

The video transitions to the woman looking directly at the camera as the video ends and the video end card appearing reading, "Regular screenings with the HPV test or the Pap test can prevent cervical cancer," next to the CDC and Inside Knowledge Logos.

Transcript

[Ayanna Speaking] I was in my late 20s, I distinctly remember having to go get a Pap smear.

I got that phone call, "We found some abnormal precancerous cells."

[Text on screen] Ayanna's Story: Preventing Cervical Cancer

[Ayanna Speaking] In addition to, "you have HPV." Honestly the first time I heard those three letters you trip your mind out, right?

What did I just hear?

[Text on screen] HPV is the leading cause of cervical cancer

[Ayanna Speaking] HPV. What does this mean now? What is going on? How did this happen? Why me?

We're just not informed of what it is, how you get it, what is the treatment available.

So we did have to have some more testing, which resulted in the removal of those precancerous cells.

I do believe that there are a lot of misconceptions just amongst the African American community and I wish I had known that it was okay.

We are able to overcome these things.

My advice is get to the doctor, even if there is nothing going on.

Give yourself a pep talk and just go.

You don't wanna miss your opportunity to right the wrong, if there's something wrong.

Does it give me a peace of mind? Yes.

Because of that experience, I now take it more seriously because I need to be around for my favorite little person.

[Text on screen] Regular screenings with the HPV test or the Pap test can prevent cervical cancer

Video Summary

This video follows a woman and her son through a normal day as she discusses her experience being screened for cervical cancer and recommending to all women to stay up to date on their screenings to prevent cervical cancer.