

# The Path to Safe Motherhood

The recommended elements of the Saving Mothers, Giving Life approach to preventing maternal and newborn deaths

## Woman and Family

- Attend at least **4 antenatal care visits**
- Make a **birth plan**, learn **warning signs**
- Set aside **funds for transport and care costs**



## Community

- **Sensitise the community** about safe delivery
- **Community health workers** provide information on safe delivery and services and pregnancy danger signs
- **Community leaders** are involved in planning and activities
- **Financial programmes** to help save for delivery costs
- **Subsidize a voucher system** for transportation and services

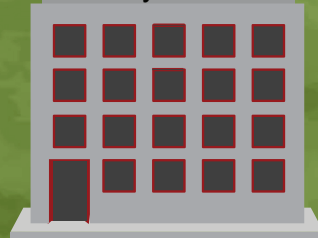


## Health System

Ensure all facilities have:

- Routine or emergency **delivery services available 24/7**
- **Sufficient staff**, with continued training, so skills meet needs
- Essential **medical supplies, equipment, and medication** routinely available
- Effective **referral and transport system** for emergencies
- Build or upgrade **maternity waiting homes** and **emergency obstetric care facilities** (where appropriate)

Ministry of Health



## Facility

- **Delivery services available 24/7**
- Sufficient essential **medical supplies, equipment, and medication**
- **Checklists for emergency triage and care**
- Access to **vehicle for emergency referrals** to higher level care
- **Maintain maternity waiting home** (at higher level facilities)

