

# HIV PREVENTION in Vermont



Since the late 1980s, CDC has partnered with state and local health departments to expand the impact and reach of its HIV prevention activities.

CDC awarded **\$1M** in FY2024 to health departments and community-based organizations in Vermont for HIV prevention and care activities.

CDC collects and disseminates data on **6** key indicators. Current data are available online at [AtlasPlus](https://www.cdc.gov/nchhstp/about/atlasplus.html)\* and on [HHS AHEAD](https://ahead.hiv.gov/)† for each jurisdiction.

**780**  
people are  
living with  
HIV in  
Vermont.

Vermonters  
with HIV will face an  
average lifetime cost  
of **\$554,000** to  
treat their infection  
(2024 dollars).

## DIAGNOSE all people with HIV as early as possible

### Knowledge of Status (2022)

Across the country,

**87.2%**

of people living with HIV were  
**aware of their status**, meaning approximately  
**12.8%** were unaware and are not getting  
the HIV care they need.



**94.5%**

of Vermonters with HIV were  
**aware of their status**, meaning  
approximately **5.5%** were unaware and  
are not getting the HIV care they need.



### Self-Testing

CDC is providing free HIV self-test kits to populations disproportionately affected by HIV. CDC and partners have sent out over **750,000** tests.

CDC funding provided HIV tests  
in Vermont.



## How CDC Dollars Are Improving Diagnosis



- **Expanding** routine screening of people in health care settings, including emergency departments
- **Increasing** testing in non-clinical settings (e.g., jails, community serving organizations, street-based services)
- **Increasing** access to and use of HIV self-tests
- **Integrating** sexually transmitted infections (STI) and viral hepatitis screening into HIV testing services

\* <https://www.cdc.gov/nchhstp/about/atlasplus.html>

† <https://ahead.hiv.gov/>



## TREAT people with HIV rapidly and effectively to reach sustained viral suppression

### Viral Suppression (2022)

**65.1%**

of people across the country, with diagnosed HIV, **were virally suppressed.**



**74%**

of Vermonters, with diagnosed HIV, **were virally suppressed.**



### How CDC Dollars Are Improving Treatment



- **Expanding** access to rapid HIV treatment including long-acting injectables
- **Linking** people with HIV to care within one month to facilitate rapid access to HIV medicine
- **Integrating** HIV, STI, and hepatitis treatment to provide efficient and cost-effective care

## PREVENT

new HIV transmissions by using proven interventions, including pre-exposure prophylaxis (PrEP)

### PrEP



**PrEP is a medicine** that people at risk for HIV take to prevent getting HIV from sex or injection drug use.

To help make **PrEP more available, accessible, and acceptable**, CDC funds innovations such as TelePrEP.

### How CDC Dollars Are Improving Prevention



- **Expanding** access to PrEP through innovations such as long-acting injectable PrEP, Post-Exposure Prophylaxis, and focused provider education
- **Implementing** a whole-person approach to HIV prevention and care to help overcome barriers

## RESPOND early to potential HIV clusters or outbreaks

Cutting-edge public health approaches turn HIV data into action by **identifying areas with rapid transmission and expanding resources** to maximize prevention and treatment efforts.

**404**

**clusters of HIV infections** reported to CDC from 2022 through 2024.



### How CDC Dollars Are Improving Response



- **Addressing** gaps in prevention and care contributing to rapid transmission
- **Engaging** communities and partners to respond to outbreaks