

MOTIVATIONAL INTERVIEWING

WB4663R

PROGRAM DESCRIPTION: This enduring activity describes the core components of clinical motivational interviewing and how it can be used to facilitate the treatment of pain. It presents effective communication strategies and techniques to empower change in patients and promote healthy and safe outcomes.

OBJECTIVES:

At the conclusion of the activity, the participant will be able to:

1. Identify the core components of Motivational Interviewing (MI).
2. Explain how MI can be applied to the management and treatment of patients.
3. Recognize how using change talk techniques can help patients with pain make beneficial changes.
4. Identify patient-centered communication practices that empower patients' internal motivation for change.
5. Demonstrate effective team skills (e.g., sharing information effectively, listening and responding to feedback from others, and using simple communication) to address motivational interviewing skills.

FACULTY/ CREDENTIALS:

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CE ORIGATION DATE:

July 17, 2023

CE RENEWAL DATE:

July 17, 2025

CE EXPIRATION DATE:

July 17, 2027

URL

<https://www.cdc.gov/overdose-prevention/hcp/trainings/motivational-interviewing.html>

INTENDED AUDIENCE:	Physicians, Registered Nurses
PREREQUISITES:	None
FORMAT:	This activity is Web-based
CONTACT INFORMATION:	Office of Division of Overdose Prevention, National CDC's CE Accreditation Team has a policy for grievances that is available Center for Injury Prevention and Control 800-232-4636 upon request.

ACCREDITATION STATEMENTS:



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CME: The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **0.5** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE: The Centers for Disease Control and Prevention designates this activity for **0.5** nursing contact hours.

CEU: The Centers for Disease Control and Prevention is authorized by IACET to offer **0.1** CEU's for this program.

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Instructions for Obtaining Continuing Education (CE)

To receive continuing education (CE) for **WB4663R Motivational Interviewing**, please visit [CDC TRAIN](#) and search for the course in the Course Catalog using **WB4663R**. Follow the steps below by **07/17/2027**.

1. Register for and complete the course.
2. Pass the post-assessment at **80%**.
3. Complete the evaluation.
4. Visit Your Learning to access your certificates and transcript.

FEES: No fees are charged for CDC's CE activities.