

# GET AHEAD OF SEPSIS

KNOW THE RISKS. SPOT THE SIGNS. ACT FAST.

**Sepsis starts outside the hospital in 80% of cases.**

Your fast recognition and treatment can increase your patients' chances of survival.

**IF ONE OR MORE** OF THE FOLLOWING SIGNS AND SYMPTOMS ARE PRESENT AND INFECTION IS SUSPECTED, THEN CONSIDER SEPSIS:



Confusion or disorientation



Shortness of breath



High heart rate



Fever, or shivering, or feeling very cold



Extreme pain or discomfort



Clammy or sweaty skin

**Gather the following information and communicate it to hospital healthcare professionals:**

- **Medications**
- **Allergies**
- **Pre-existing conditions**
- **Other risk factors**

Learn more at [www.cdc.gov/sepsis](http://www.cdc.gov/sepsis).

