

The video starts with the video's title on the screen, "STAND STEADI: Implementation by Telemedicine". The HHS CDC logo is in the bottom right corner of the screen.

A subject matter expert appears on screen, and her title is at the bottom of the screen: "Madeleine Hackney, PhD; Associate Professor, Emory University; Research Health Scientist, Atlanta Veterans Affairs (VA) Health Care System".

Madeleine Hackney: "We were all geared up and ready to introduce STEADI as an in-clinic fall initiative, and we were all set. And then the pandemic happened, and we had to pivot and do something else."

Madeleine Hackney: "We had to figure out how to make it work. We had to figure out how to change things in such a way that it would work in the home. And that involved a camera and talking to patients about camera angles so that we could see the full body when they were doing gait and mobility exams."

While Madeleine Hackney is speaking, a few images appear on screen. First is a stock photo of an older adult patient holding medication bottles and video calling with his healthcare provider on a laptop in his home. The second is a stock photo of an older adult patient video calling with her healthcare provider using a tablet. The third is a stock image of an older adult patient pointing at a medication bottle and looking at a laptop screen.

Text on screen: "STEADI Telemed"

Madeleine Hackney: "STEADI Telemed is a remote or virtual rendition of the STEADI Initiative. It allows a nurse to assess and screen a patient for fall risk while they're in their home. So, one key factor for implementing STEADI Telemed was having a patient and provider introductory call prior to the RN actually seeing the patient. This call served to allow the patient to prepare their home for the assessment, and there were several steps to that."

Madeleine Hackney: "Having an additional person present as a spotter during the tests that required movement, measuring 10 feet for the Timed Up and Go Test and five feet for the vision check, putting a chair in a corner where it wouldn't move for the chair sit to stand assessment. Also, early provider buy-in and identifying clinical champions helped establish the initiative and the program into different departments."

While Madeleine Hackney is speaking, text appears on screen: "Key factors for successfully implementing STEADI Telemed: Pre-assessment call; Ensure additional person is with the patient during assessment; Patient to set up test area in home before assessment; Establish provider buy-in and identify champions".

Madeleine Hackney: "Some additional key elements that helped the STEADI Telemed succeed include: integrating STEADI components into the clinical electronic health record system, including STEADI assessment findings into clinical workflow, and creating an electronic health

record note template that allows providers to clearly record relevant outcomes for each patient.”

While Madeleine Hackney is speaking, text appears on screen: “Key actions for STEADI Telemed success: Integrate STEADI into the electronic health record (EHR); Include STEADI assessment into workflow; Create EHR template for recording results”.

Madeleine Hackney: “Some advantages to implementing STEADI Telemed include: allowing registered nurses to remotely assess potential home hazards that may be missed during in-clinic assessments; addressing previous patient barriers to STEADI, such as limited transportation or scheduling conflicts; allowing more time for the registered nurse to assess patients thoroughly, address patient concerns and provide extensive patient education.”

While Madeleine Hackney is speaking, text appears on screen: “Advantages of STEADI Telemed: Enables assessment for potential home hazards; addresses barriers to in-person appointments; allows more time for the appointment”.

Text on screen: “STAND STEADI”. The HHS CDC logo and the STEADI: Stopping Elderly Accidents, Deaths & Injuries logo are in the bottom right corner.

Text on screen: “For information about STEADI and older adult fall prevention, visit www.cdc.gov/STEADI”. The HHS CDC logo and the STEADI: Stopping Elderly Accidents, Deaths & Injuries logo are in the bottom right corner.