A TIP FROM A
FORMER SMOKER ™

Jokes about having gas are funny. Until they find a tumor in your colon.

Julia, age 58, Mississippi

Julia smoked and got colon cancer. Having a colonoscopy saved her life. Doctors found her tumor and removed it the next day. Julia's near-death experience and pain are nothing to laugh about. Julia didn't know smoking can cause colorectal cancer. Now you do. Screening saves lives.
You can quit smoking.

CALL 1-800-QUIT-NOW.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention
CDC.gov/tips

#CDCTips