

A Tip From A Former Smoker®

Nathan M Memorial :30 URL

ISCI Code: VCDC0483000/H

The spot opens on the A Tip From A Former Smoker® logo and cuts to a shot of Nathan sitting. The text “Nathan, 54, Oglala Sioux, Idaho” appears on the bottom left-hand side of the screen.

NATHAN M: When you smoke it affects more than just your health.

The spot cuts to a photo Nathan and his family.

NATHAN M: I love to dance. That’s something that I handed down to my family.

The spot cuts to Nathan sitting.

NATHAN M: I was pretty good at it too.

The spot cuts to Nathan at a ranch.

NATHAN M: Before my doctor told me that secondhand smoke at work caused me to have asthma attacks, infections, and lung damage. And I never smoked.

The spot cuts to Nathan sitting hooked to an oxygen tube.

SUPER: Secondhand smoke killed Nathan. He was 54.

You can quit. For free help, visit [CDC.gov/tips](https://www.cdc.gov/tips)

CDC Logo

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#CDCTips

ANNCR: If you or someone you know wants free help to quit smoking, visit [CDC.gov/tips](https://www.cdc.gov/tips)